

Agenda
Alamo Area Council of Governments
Bexar Senior Advisory Committee Meeting
Friday, April 8, 2022 - 10:00 a.m.
2700 NE Loop 410, Suite 101
San Antonio, TX 78217

1. Meeting called to Order.
2. Roll Call.
3. Public Comments
This time is for anyone to comment to the Advisory Committee on issues and items of concern. There will be no deliberation or action on these comments. Time allowed is at the discretion of the Chairman, with three (3) minutes being customary.
4. Presentation - Overview of the Residential Center for Homeless Veterans, Jerry Robinson, Director.
5. Consider and act upon approval of the March 11, 2022 minutes.
6. Chairperson's Report - Ryan McGuire, Chair.
7. Director's Report - Jo Ann Tobias-Molina, Aging Programs Director.
8. Staff Report - Trina Cortez, Assistant Director.
9. Subcommittee Reports.
 - A. Access and Assistance - Brenda Schmachtenberger, Chair.
 - B. Alamo Service Connection Steering Committee - Marycela Barron, Chair.
 - C. Allocations and Monitoring - Jim Jonson, Chair.
 - D. Family Caregiver Support - Ashley Weirich, Chair.
 - E. Information, Special Events - Cynthia Romo, Chair.
 - F. Long Term Care Services - Beth Nixon, Chair.
 - G. Member Development and Advocacy - Brenda Dever-Armstrong, Chair.
1. Consider and act upon approval of BSAC Nominations.
10. Ad Hoc Subcommittee Reports.
 - A. Senior Companion Program Advisory Committee - Jill Piazzai, Chair.
11. Successfully Aging and Living in San Antonio (SALSA) Update - Jane Paccione, Managing Director of Collective Impact, San Antonio Area Foundation.
12. Announcements.
13. Items to be placed on next meeting's agenda.

14. Next Meeting Date: Friday, May 13, 2022 at 10:00 A.M.

15. Adjournment.

This meeting is accessible to people with disabilities. The accessible entrance is located at the front entrance of 2700 NE Loop 410, San Antonio, TX 78217. Accessible parking spaces are also available. Please contact ACOG for auxiliary aids and services for the hearing impaired, including interpreters for the deaf, at 210-362-5200 at least 48 hours prior to the meeting or by calling Texas Relay at 7-1-1 for assistance.

Bexar Senior Advisory Committee

5.

Meeting Date: 04/08/2022

Title: March 2022 BSAC Minutes

Presented by: Paula Riggs, Support Services Coordinator

AGENDA ITEM DESCRIPTION:

Consider and act upon approval of the March 11, 2022 minutes.

Attachments

BSAC Minutes - March 2022

Minutes
Alamo Area Council of Governments
Bexar Senior Advisory Committee
Friday, March 11, 2022
2700 NE Loop 410, Suite 110
San Antonio, TX 78217

MEMBERS

ALTERNATES

Jo B. Alexander	X	Cindy Alleman	
Marycela Barron	X	Ileana Martinez	X
Brett Bonney	X		
Fernanda Cardenas	X		
Brenda Dever-Armstrong	X		
Shirley Gaede	X	Pamela Lloyd	X
Edwina Glick	X	Viri Rivera	X
Darryl Greer	X		
Doris Griffin	E	Dawn Hamilton	X
Nancy O. Hardin			
Alisa Hartfield-Cordero	X	Bennetta Crawford	
Laurin Lee Jimenez	X		
Chris Johnson	E	Janice Penner	X
Larry Johnson	X		
Jim Jonson	X		
Ryan McGuire	X		
Senator Jose Menendez	E	Maria Lopez	E
Beth Nixon	X	Elaine Talarski	
Jane Paccione			
Yolanda Perez	E	Jessica Dovalina	
Jill Piazzi	X		
Cynthia Romo	E	Gloria Sandoval	X
Brenda Schmachtenberger	E	Paul Furukawa	X
Dianne Teran	X		
Marion Thomas		Misty Suarez	
Jerry Tyson	E	Philip Jackson	
Cathy Valdez	X	Kate Phipps	
Ashley Weirich			

AAA STAFF PRESENT

Jo Ann Tobias-Molina, Director	X
Trina Cortez, Assistant Director	
Tony Martinez, AAA Manager	
Heather Armstrong	
Sonya Barrera-Medrano	X
Cindy Boyum	
Michael Darilek	X
Juan Flores	
Kelley Gallant	
Gloria Givilancz	
Enrique Guerrero	
Darlene Hope-Jackson	
Cyndee Pierce	X
Paula Riggs	X
Janina Lopez	X

AACOG STAFF PRESENT

Diane Rath	

GUESTS PRESENT

Vinsen Faris, MOWSA	
Barbara Aydtlett, TSHL	
Alexa Castaneda, CanoHealth	
Karen Almaraz, CanoHealth	

X = present in person
E = excused (members only)

1. Meeting Called to Order. Paula Riggs introduced Diane Rath, AACOG Executive Director.
2. Presentation – AACOG Year in Review, Diane Rath.
3. Swearing in of 2022 Chair – Diane Rath swore in Ryan McGuire, who had not been present during the Annual Planning Retreat.

4. Roll Call by Laurin Lee Jimenez, Secretary – quorum was established.
5. Public Comment – Dianne Teran shared about collaboration with VA for a Caregiver Series starting in April, as well as a consortium among University of California San Francisco, National Association of Hispanic Nurses, and Alzheimer’s Association to launch a one year campaign to increase Latinx engagement in dementia research.
6. Consider and Act Upon Approval of the Minutes for December 10, 2021 and February 11, 2022, Jo Alexander motioned to approve the minutes as written, seconded by Brenda Dever-Armstrong; motion carried.
7. Chair’s Report – Ryan McGuire thanked everyone who was able to attend the planning retreat and worked on goal setting, and looks forward to moving together through the post-pandemic “restart” to have an effective impact in Bexar County.
8. Director’s Report – Jo Ann Tobias-Molina, Director, reported on the following:
 - A. Service Delivery: challenges continue in the areas of homemaker services and personal assistance, as contractors continue to have staffing issues. Congregate meal services continue to increase as more and more locations are reinstating congregate services.
 - B. Area Plan: State planning has indicated the current Area Plan will be extended an additional year.
 - C. Older Americans Month: May is Older Americans Month with the theme “Age My Way”.
 - D. Partnership with HEB Pharmacy: Interim Residency Program Director for HEB/UT PGY1 Community Based Pharmacy Residency Program has reached out to forge a partnership in providing opportunities for residents in the San Antonio area looking for opportunities to give presentations to the public, on a variety of topics from fall prevention to medication adherence.
9. Subcommittee Reports:
 - A. Access and Assistance – no verbal report.
 - B. Alamo Service Connection Steering Committee – Marycela Barron, Chair, reported that the next meeting would be held April 5.
 - C. Allocations and Monitoring – Jim Jonson, Chair, reported on the goals for 2022:
 - Continue presenting a comparison of actual expenditures to budgeted expenditures to BSAC twice a year.

- Increase number of contractors for underutilized services.
 - Review and determine the appropriateness of a contractor feedback survey.
- D. Family Caregiver Support – Brett Bonney reported, on behalf of Ashley Weirich, Chair, reviewed goals set during the planning retreat: to increase time spent in the community, and retooling collaterals.
- E. Information, Special Events – Sonya Barrera-Medrano, on behalf of Cynthia Romo, reported that the subcommittee had, as its goal, to facilitate older adults getting back out in the community to socialize and would be doing so through two planned events.
- F. Long Term Care Services – Beth Nixon, Chair, reported on the goal to recruit additional volunteers for the Bexar Ombudsman program.
- G. Member Development and Advocacy – Brenda Dever-Armstrong, Chair, reported on presentations being planned with the goal of strengthening community collaborations as well as developing individual members of the BSAC membership.
10. Ad Hoc Subcommittees:
- A. Senior Companion Program (SCP) Advisory Committee – Jill Piazza, Chair, reported on the goal to increase volunteers by 10%; four individuals currently in training. Presentations are available for any groups interested in hearing more about the volunteer program. Anyone interested in becoming a volunteer or knowing someone in need of a volunteer should contact Kelley.
11. SALSA (Successfully Aging and Living in San Antonio) – no report.
12. Texas Silver-Haired Legislature (TSHL) – in lieu of report, Paula Riggs introduced Barbara Aydlett, a TSHL delegate that has moved into Bexar County and will be joining the Bexar County delegation.
13. Announcements – Brett Boney thanked AAA staff for the breadth of services provided, stating all AAAs are not created equal as he discovered after calling another state’s AAA.
14. Items to be placed on future agenda should be forwarded to Paula Riggs.
15. Next Meeting Date – Friday, April 8, 2022 at 10:00 A.M.
16. There being no further business Beth Nixon motioned for adjournment, seconded by Alisa Hartfield-Cordero; the meeting was adjourned.

Bexar Senior Advisory Committee

9. A.

Meeting Date: 04/08/2022

Title: Access and Assistance Report from March 14, 2022 Meeting

MEMBERSHIP:

X	Brenda Schmachtenberger, Chair		Edwina Glick
X	Pamela Lloyd		Gloria de la Cruz-Sandoval
X	Dawn Hamilton	X	Jessica Dovalina
	Shirley Gaede	X	Jim Jonson
X	Cathy Valdez		Yolanda Perez
X	Janice Penner		Ryan McGuire (ex-officio, BSAC Chair)
	Marion Thomas		Trina Cortez, AAA Staff
X	Larry Johnson	X	Paula Riggs, AAA Staff

2022 GOALS:

To address Bexar AAA Area Plan **Goal #3: Enable older adults to maintain or improve their quality of life and self-determination through engaging in the community and social interactions**, by planning four events throughout the year that would aid in informing older adults about the services of the AAA. The goal is to reach 400 older adults (100 individuals at four separate events).

TOPICS DISCUSSED:

Planning for Events:

- Format
- Dates (to be determined once CoSA schedules are confirmed)
- Presenters and Table Topics
- Marketing Ideas
- Special Populations - considerations for Blind/Deaf
- Evaluations

DECISIONS MADE:

- **Format:** 2-hour event (one hour as a "class/lecture", one hour for one-on-one conversations at tables.
- **Dates/Locations:**
 - August - Elvira Cisneros Senior Center
 - September - District 2 Senior Center
 - October 17 - OASIS
 - November - West End Park Senior Center

ACTIONS NEEDED:

none

NEXT MEETING DATE:

Tuesday, April 12, 2022 at 9:00 A.M. via Zoom

* Contact Brenda Schmachtenberger for an invite if you want to join this subcommittee.

STAFF LIAISON CONTACT INFORMATION:

Trina Cortez, Assistant AAA/ADRC Director
Interim Staff Liaison
tcortez@aacog.com / 210.362.5244

Bexar Senior Advisory Committee**9. D.****Meeting Date:** 04/08/2022**Title:** Family Caregiver Support Subcommittee Report**MEMBERSHIP:**

	Ashley Weirich*, Chair		Alisa Hartfield-Cordero*		Ann Pruski		
	Adrian Alanis		Cynthia Hazel*		Cindy Robles		GUESTS
X	Carol Bertsch		Lisa Hurst		Allie Rodriguez	X	Magoli Gamboa
	Hallye Bonorden	X	Sara Masoud	X	Tina Smith	X	Marlies Garza
X	Brett Bonney-Meneses*, Co-Chair		Antonio Martinez	X	Vonna Smith	X	Michelle Higbee
	Jennifer Brackett	X	Ryan McGuire*(ex officio)		Jennifer Sotello	X	Alex Ramos
X	Lisa Buske		Debbie Mendez		Edward Tello	X	Brenda Schmachtenberger
	Dianna Chararria		Gloria Miranda	X	Dianne Teran*		
	Shirley Crandell		Jennifer O'Briean		Nancy Jo Whittam		
	Bennetta Crawford*	X	Jill Piazzi*				
			Esther Pipoly			X	Cyndee Pierce, AAA Staff Liaison

* denotes BSAC Members/Alternates

2022 MISSION STATEMENT:

The mission of the Alamo Caregiver Support Coalition is to improve the quality of life for caregivers and care recipients through advocacy, information, support, and access to resources.

2022 PRIORITY GOAL:

Increase Community Awareness of the Group through Member Involvement in Community Outreach Events, Presentations and Digital Marketing.

TOPICS DISCUSSED:

AACOG Staff Update: The new service Chore Maintenance is set to begin on April 1, this will be for yard maintenance only. The Caregiver Training offered through Trualta will be renewed for another year. AACOG-AAA has one of the highest acceptance to activation onto the portal rate at 95%. This is due to AACOG-AAA staff person Deborah Mendez and her engagement of the caregivers on a weekly basis. The mail outs for the Older Relative Caregiver Back to School event will begin mid-April. This will be for all 13 counties. If members of the Family Caregiver coalition have resource materials they would like to have included in the mail outs please send to Caregiver Services Coordinator Cyndee Pierce.

Site Host, Brenda Schmachtenberger Executive Director with San Antonio Oasis: Ms.

Schmachtenberger explained they are a National Non-profit for individuals 50 and over. They offer mostly educational classes, but also consumer interest, physical activity, and arts and crafts. The majority of staff are volunteers that provide supports like Silver Connect which is a social isolation prevention program. This program allows anyone 50 and over call in and chat with a volunteer that is able to offer

support and resources. There are no membership fees and most classes are offered at a small rate to cover costs.

2022 Goals were further discussed, and it was determined that forming subcommittees may provide the support needed to accomplish them.

The Alamo Caregiver Coalition will participate in 4 educational events throughout the year, one per quarter.

- The Coalition will collaborate an event at the end of the summer or early fall with the Alamo Family Coalition members. This event will focus on caregiver resources and may include a panel discussion of Subject Matter Experts from the Coalition membership.
- First event is set: Low Vision Expo April 2, 2022. Jill Piazzi will gather Coalition member's flyers and brochure to display at the Family Caregiver Coalition table. She will need additional volunteers to assist with the event.
- Through the events a focus on increasing family caregiver to add to the e-Blast sent monthly.

Coalition members will determine at the next meeting if hybrid type meetings are still the best way to conduct the monthly meetings.

Coalition members gave updates on the services they are providing.

Family Caregiver Facebook page <https://www.facebook.com/groups/alamocaregiverssupport>.

DECISIONS MADE:

None

ACTIONS NEEDED:

None

NEXT MEETING DATE:

Tuesday, April 19, 2022 @ 8:30 – 10:00 AM

Location: Caring for the Caregiver, UT School of Nursing / Hybrid via Zoom Meeting Invite

STAFF LIAISON CONTACT INFORMATION:

Cyndee Pierce, Caregiver Services Coordinator

cpierce@aacog.com / (210) 832-5049

Bexar Senior Advisory Committee

9. E.

Meeting Date: 04/08/2022

Title: Information, Special Events Subcommittee Report

MEMBERSHIP:

X	Cynthia Romo*, Chair		
	Gloria De La Cruz-Sandoval*		
	Esmeralda Perez		
	Fernanda Cardenas*		
	Viri Rivera*		
	Maria Lopez*		
	Erika Salazar	X	Sonya Barrera-Medrano AAA Staff Liaison

* denotes BSAC Members/Alternates

2022-23 GOALS

Hosting two events

- 1) Reprise of the "Unsung Heroes" Event - May 2022
- 2) Senior Prom - "Coming Out of COVID" - Sept 2022

TOPICS DISCUSSED:

A meeting was held on March 30, 2022 to finalize the celebration date and Venue for the Unsung Heroes Celebration.

- Date, venue, revision of Unsung Heroes Nomination Form and distribution were discussed and finalized.

DECISIONS MADE:

- The nomination Form for Unsung Heroes was revised to include a new celebration date of May 26, 2022 with an event time from 10 am to 12:00 pm (noon).
- The event will take place at Lincoln Center, 7800 W. Interstate 10 Suite 135, San Antonio, Tx 78230.
- Nomination forms will be distributed to all San Antonio Senior Centers and additional Community Partners.
- Deadline for submitting nominations is April 29, 2022.
- Those selected for recognition will be contacted by May 6, 2022.

ACTIONS NEEDED:

n/a

NEXT MEETING DATE:

Next Meeting will be held April 20, 2022.

STAFF LIAISON CONTACT INFORMATION:

Sonya Barrera-Medrano, Benefits Counseling Coordinator
(210) 918-1281 / SBarrera-Medrano@aacog.com

Bexar Senior Advisory Committee

9. F.

Meeting Date: 04/08/2022

Title: Long Term Care Services 3/29/2022

MEMBERSHIP:

X	Beth Nixon, Chair		Elaine Talarski
	Dawn Hamilton		Brenda Schmachtenberger, BSAC Chair (ex-officio)
X	Brett Bonney	X	Cindy Boyum, Staff Liaison

2022 GOALS:

1. Volunteer Recruitment
2. Education on Ombudsman Program
3. Best Practices in Facilities

TOPICS DISCUSSED:

Beth Nixon, Brett Bonney, and Cindy Boyum met on 3/29/2022 at the Black Rifle Coffee House. The subcommittee discussed a distribution schedule and list of ombudsman flyers to be distributed to local senior centers, churches, and libraries. Brett Bonney will be reaching out to Oasis and WellMed to discuss the posting of the ombudsman flyers and potential in-service.

The Caregiver Coalition will be holding a table at the Low Vision Expo, Saturday, April 2nd. Brett will be distributing ombudsman flyers at the event in hopes of recruiting potential volunteers for the next ombudsman training class.

The subcommittee is proud to announce that Brett Bonney has completed the ombudsman training course and now is a certified ombudsman with the Long-Term Care Ombudsman Program. Congratulations to Brett!

Anyone interested in joining the efforts of this subcommittee should contact Beth Nixon or Cindy Boyum.

DECISIONS MADE:

n/a

ACTIONS NEEDED:

n/a

NEXT MEETING DATE:

Tuesday, April 19, 2022,

STAFF LIAISON CONTACT INFORMATION:

Cindy Boyum, Managing Local Ombudsman for Bexar County
 Office: 210-362-5226 / Cell: 210-380-3427
 Email: cboyum@aacog.com

Bexar Senior Advisory Committee

9. G.

Meeting Date: 04/08/2022

Title: Member Development and Advocacy Report

MEMBERSHIP:

X	Brenda Dever-Armstrong, Chair		Chris Johnson
X	Jo B. Alexander	X	Larry Johnson
	Marycela Barron	X	Misty Suarez
	Doris Griffin	X	Ryan McGuire (ex-officio)
	Philip Jackson	X	Paula Riggs, Staff Liaison

2022 PRIORITY GOALS:

The Member Development and Advocacy Subcommittee will:

1. focus presentation topics for BSAC meetings in support of Goal #2 of the Bexar AAA Area Plan: Strengthen collaboration with local community partners to promote the benefits and needs of the aging population;
2. continue to work on membership diversity to meet requirements outlined in the bylaws; and
3. continue to support the advocacy efforts of the Texas Silver-Haired Legislature and the Bexar County delegation election process.

TOPICS DISCUSSED:

Nominations - applications were received from Alexa Castaneda and Derek Morton. The City/County Joint Commission on Elderly Affairs has a new Chair and therefore a new appointee to BSAC. Chris Dawkins is the new Chair and will serve as the appointee. Barbara Aydlett also submitted an application as a TSHL member who recently moved into the Bexar AAA district.

Presentations - potential topics and presenters were discussed.

DECISIONS MADE:

Nominations were approved to move forward.

Presentation for April finalized - Jerry Robinson to speak on the topic of veteran homelessness. May and June will feature a two-part presentation by Jane Paccione on Reframing Aging, a nationwide social change endeavor designed to confront ageism and promote better policies and programs for all as we get older.

ACTIONS NEEDED:

Approval of nominations (see Agenda Item 9.G.1.).

NEXT MEETING DATE:

TBD

STAFF LIAISON CONTACT INFORMATION:

Paula Riggs, Support Services Coordinator

priggs@aacog.com / (210) 362-5273

Bexar Senior Advisory Committee

9. G. 1.

Meeting Date: 04/08/2022

Title: BSAC Nominations

Presented by: Brenda Dever-Armstrong, Chair - Member Development and Advocacy Subcommittee

AGENDA ITEM DESCRIPTION:

Consider and act upon approval of BSAC Nominations.

BACKGROUND/HISTORY:

n/a

DISCUSSION:

New Members:

- Alexa Castaneda - Outreach Coordinator at CanoHealth.
- Chris Dawkins - City/County Joint Commission on Elderly Affairs appointee. Chris serves as Chair of the Commission.
- Barbara Aydlett - TSHL member, former Administrator at Family Diagnostic Medical Center, Hillsboro, TX (a rural health clinic).

FINANCIAL IMPACT:

n/a

STAFF RECOMMENDATION:

The Member Development and Advocacy Subcommittee recommends approval of the nominations to be forwarded to the AACOG Board of Directors for approval.

Questions can be directed to staff liaison, Paula Riggs, at (210) 362-5273 or priggs@aacog.com.
