Agenda

Alamo Area Council of Governments Bexar Senior Advisory Committee Meeting Friday, May 13, 2022 - 10:00 a.m. 2700 NE Loop 410, Suite 101 San Antonio, TX 78217

- 2. Roll Call.
- 3. Public Comments.

This time is for anyone to comment to the Advisory Committee on issues and items of concern. There will be no deliberation or action on these comments. Time allowed is at the discretion of the Chairman, with three (3) minutes being customary.

- 4. Presentation: Reframing Aging (Part 1), Jane Paccione, Managing Director of Collective Impact San Antonio Area Foundation.
- 5. Consider and act upon approval of the April 8, 2022 minutes.
- 6. Chairperson's Report Ryan McGuire, Chair.
- 7. Director's Report Jo Ann Tobias-Molina, Aging Programs Director.
- 8. Subcommittee Reports.
 - A. Access and Assistance Brenda Schmachtenberger, Chair.
 - B. Alamo Service Connection Steering Committee Marycela Barron, Chair.
 - C. Allocations and Monitoring Jim Jonson, Chair.
 - D. Family Caregiver Support Ashley Weirich, Chair.
 - E. Information, Special Events Cynthia Romo, Chair.
 - F. Long Term Care Services Beth Nixon, Chair.
 - G. Member Development and Advocacy Brenda Dever-Armstrong, Chair.
 - 1. Consider and act upon approval of BSAC Nomination.
- 9. Ad Hoc Subcommittee Reports.
 - A. Senior Companion Program Advisory Committee Jill Piazzi, Chair.
- 10. Community Report: City of San Antonio ARPA Investments, Yolanda Perez, Human Services Administrator.
- 11. Announcements.
- 12. Items to be placed on next meeting's agenda.
- 13. Next Meeting Date: Friday, June 10, 2022, 10:00 A.M. at AACOG.

14. Adjournment.

This meeting is accessible to people with disabilities. The accessible entrance is located at the front entrance of 2700 NE Loop 410, San Antonio, TX 78217. Accessible parking spaces are also available. Please contact AACOG for auxiliary aids and services for the hearing impaired, including interpreters for the deaf, at 210-362-5200 at least 48 hours prior to the meeting or by calling Texas Relay at 7-1-1 for assistance.

Meeting Date: 05/13/2022 Title: Minutes

Presented by: Paula Riggs, Support Services Coordinator

AGENDA ITEM DESCRIPTION:

Consider and act upon approval of the April 8, 2022 minutes.

Attachments

April 2022 BSAC Minutes

5.

Minutes Bexar Senior Advisory Committee Friday, April 8, 2022 2700 NE Loop 410, Suite 110 San Antonio, TX 78217

MEMBERS ALTERNATES

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X	Cindy Alleman	
Х	Ileana Martinez	
Е		
Х		
Х	Pamela Lloyd	Х
Х	Viri Rivera	
Х		
Е	Dawn Hamilton	
Х		
Х	Bennetta Crawford	
Х		
Х	Janice Penner	
Х		
Х		
Х		
Е	Maria Lopez	Х
Х	Elaine Talarski	
Е	Jessica Dovalina	
Е		
Е	Gloria Sandoval	
Е	Paul Furukawa	
Е		
Е	Misty Suarez	
Х	Philip Jackson	
	Kate Phinns	
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	X	E X X Pamela Lloyd X Viri Rivera X E Dawn Hamilton X X Bennetta Crawford X X Janice Penner X X X Janice Penner X E Maria Lopez X Elaine Talarski E Jessica Dovalina E E Gloria Sandoval E Paul Furukawa E E Misty Suarez

AAA STAFF PRESENT

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Jo Ann Tobias-Molina, Director	Χ
Trina Cortez, Assistant Director	Х
Tony Martinez, AAA Manager	
Heather Armstrong	
Sonya Barrera-Medrano	Х
Cindy Boyum	Х
Michael Darilek	
Juan Flores	
Kelley Gallant	
Gloria Givilancz	
Enrique Guerrero	
Darlene Hope-Jackson	
Cyndee Pierce	
Paula Riggs	Х
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AACOG STAFF PRESENT
Diane Rath
Gary Timpson
GUESTS PRESENT
Frank Archuleta, TSHL
Chris Dawkins, JCOEA

X = present in person E = excused (members only)

- 1. Meeting Called to Order.
- 2. Roll Call by Laurin Lee Jimenez, Secretary quorum was established.
- 3. Public Comment none.
- 4. Presentation Chris Johnson introduced Dr. Jerry Robinson, Director of Residential Center for Homeless Veterans, gave an overview of their services.

5. Consider and Act Upon Approval of the Minutes for March 11, 2022 – Secretary, Laurin Lee Jimenez, reported an amendment to the draft minutes that were sent out. Item 1. should read:

Meeting Called to Order. Paula Riggs introduced Diane Rath, AACOG Executive Director.

Ryan McGuire called for a motion to approve the minutes as amended; Chris Johnson motioned to approve, seconded by Brenda Dever-Armstrong; motion carried.

- 6. Chair's Report Ryan McGuire thanked everyone for their continued commitment and dedication to serve the older adults of Bexar County.
- 7. Director's Report Jo Ann Tobias-Molina, Director, reported on the following:
 - A. Congratulations go out to Diane Rath for being recognized as one of the top 50 women leaders of San Antonio for 2022, by "Women We Admire".
 - B. Condolences and well wishes for recovery from illness go out to members who have experienced loss of family members, or have been facing health challenges.
 - C. Older Americans Month: May is Older Americans Month with the theme "Age My Way". There will be an AACOG Board proclamation at the end of April in advance of the celebrations being planned in honor of the older adults in the region.
 - D. Funding from ACL to Texas HHS to AACOG has been delayed and is expected in early May; business continues uninterrupted, services are being delivered.
 - E. Applications are being accepted for vendor services for FY23.
- 8. Staff Report Trina Cortez, Assistant Director, gave an overview of transportation services available to residents of Bexar County. AAA contracts with Presa Community Center, Somerset Senior Citizens Center, and Alamo Regional Transit.
- 9. Subcommittee Reports:
 - A. Access and Assistance Trina Cortez reported on behalf of Brenda Schmachtenberger, Chair. Planning continues to move forward for the four outreach events scheduled for the fall.
 - B. Alamo Service Connection Steering Committee Marycela Barron, Chair, reported on the presentation of the Community Volunteer Program that matches volunteers with older adult and/or IDD

individuals non-medical tasks, providing companionship, and relieving family caregivers. The next meeting is June 7.

- C. Allocations and Monitoring no report.
- D. Family Caregiver Support written report included information on the Trualta program which provides online caregiver education and training. AACOG-AAA has one of the highest acceptance-toactivation onto the portal rate at 95%, due in large part to having a part-time staff member engaging caregivers on a weekly basis. Mail outs for the Older Relative Caregiver program will being to go out mid-April to clients in all 13 AACOG counties, in preparation for the Back-to-School outreach this summer. The coalition will be looking to form subcommittees to support their goals.
- E. Information, Special Events Sonya Barrera-Medrano, on behalf of Cynthia Romo, gave an update on plans for the Unsung Heroes event on May 26.
- F. Long Term Care Services Beth Nixon, Chair, reported that the subcommittee has met to brainstorm more ideas for places to distribute flyers to recruit additional volunteers for the Ombudsman program. They have scheduled a presentation at OASIS on May 10. Brett Bonney attended the Low Vision expo and was able to promote the upcoming session for training new volunteers. Next meeting will be April 19.
- G. Member Development and Advocacy Brenda Dever-Armstrong, Chair, presented the following new member nominations:
 - Alexa Castaneda Outreach Coordinator at CanoHealth.
 - Chris Dawkins City/County Joint Commission on Elderly Affairs appointee. Chris serves as Chair of the Commission.
 - Barbara Aydlett TSHL member, former Administrator at Family Diagnostic Medical Center, Hillsboro, TX (a rural health clinic).

There being no discussion, nominations were approved.

Brenda also updated progress on scheduling presentations.

- 10. Ad Hoc Subcommittees:
 - A. Senior Companion Program (SCP) Advisory Committee no report.

- 11. SALSA (Successfully Aging and Living in San Antonio) no report.
- 12. Announcements none.
- 13. Items to be placed on future agenda should be forwarded to Paula Riggs.
- 14. Next Meeting Date Friday, May 13, 2022 at 10:00 A.M.
- 15. There being no further business Alisa Hartfield-Cordero motioned for adjournment, seconded by Beth Nixon; the meeting was adjourned.

Meeting Date: 05/13/2022

Title: ASC Steering Committee Report from April 5, 2022 Meeting

MEMBERSHIP:

***Marycela Barron, MOWSA - Chair	Paul Hamilton	**Brenda Schmachtenberger, OASIS
Kent Allen	Samuel Hinojosa, Superior	*Lisa Senteno, DFPS
Corina Arauza, AACOG IDDS	Roberta Jonas	Lauren Shuler
Dalila Arredondo	Brooke Kearney	Jacob Ulczynski, AACOG IDDS
Kitty Brietzke, SAILS	Carl Kidd	Guadalupe Valdes, USDA
Sylvia Canonegron	Brenda Lara	Gina Valdez
Christilee Erickson	Inez Longoria	Goldie Walker, DADS
Tony Flowers-McFarland	Sean Morgan	Barbara Witte-Howell, JCOEA
Barry Floyd, COIL	Michelle Naeder	Abel Zamora
Tanisha Fullerfelix	Rene Paschall	Caren Zysk
**Paul Furukawa	Nicole Perez	Jo Ann Tobias-Molina, AACOG Aging Director
Michelle Galindo	Carolyn Rich	Trina Cortez, AACOG Aging Assistant Director
Victoria Garcia	Elizabeth Rodriguez	Tony Martinez, AACOG AAA Manager
Isaac Griffie	Rod Rodriguez	Jennie LeDeauz, AACOG ADRC Program Specialist
Jaqueline Gutierrez	Arlene Salazar	Sonya Barrera-Medrano, AACOG Aging BC Coordinator

^{*} denotes ASAC Member/Alternate

2022 GOALS

Maximize benefits for participating members and establish vision and priorities for the future.

TOPICS DISCUSSED:

Attendance was not recorded.

- 1. ADRC Steering Committee Name Change: As stated in the HHSC contract, the ADRC Steering Committee will need to be renamed to reflect it as an Advisory Group.
- 2. Vision and Priorities: Discussed establishing a vision and setting priorities for strategic purposes.
- 3. Membership Survey: Surveys will be sent to members to set priorities and vision.
- 4. AAA Community Volunteer Program: Celina Wilt, AACOG's Community Volunteer Program Outreach Specialist, presented a summary of the program.
- 5. Older Americans Month: May is Older Americans Month and AAA will launch a Constant Contact Campaign to honor older adults.

8. B.

^{**} denotes BSAC Member/Alternate

^{***} denotes both ASAC/BSAC Member/Alternate

N/A		
ACTIONS NEEDED: N/A		
NEXT MEETING DATE: TBD		

STAFF LIAISON CONTACT INFORMATION:

Tony Martinez, AAA Manager (210) 362-5207 / tmartinez@aacog.com

DECISIONS MADE:

8. D.

Meeting Date: 05/13/2022

Title: Family Caregiver Support Subcommittee Report

MEMBERSHIP:

X	Ashley Weirich*, Chair	X	Alisa Hartfield-Cordero*		Ann Pruski		
	Adrian Alanis		Cynthia Hazel*	X	Cindy Robles		GUESTS
	Carol Bertsch		Lisa Hurst		Allie Rodriguez	X	Magoli Gamboa
	Hallye Bonorden		Sara Masoud	X	Tina Smith	X	Clarice Diaz
	Brett Bonney-Meneses*, Co-Chair		Antonio Martinez	X	Vonna Smith	X	Michelle Higbee
X	Jennifer Brackett	X	Ryan McGuire*(ex officio)		Jennifer Sotello	X	Alex Ramos
	Lisa Buske	X	Debbie Mendez		Edward Tello	X	Becky Garcia
	Dianna Chararria	X	Gloria Miranda	X	Dianne Teran*	X	Joy Hastings
X	Shirley Crandall	X	Jennifer O'Briean		Nancy Jo Whittam	X	Jennifer Sovine
	Bennetta Crawford*	X	Jill Piazzi*				
			Esther Pipoly			X	Cyndee Pierce, AAA Staff Liaison

^{*} denotes BSAC Members/Alternates

2022 MISSION STATEMENT:

The mission of the Alamo Caregiver Support Coalition is to improve the quality of life for caregivers and care recipients through advocacy, information, support, and access to resources.

2022 PRIORITY GOAL:

Increase Community Awareness of the Group through Member Involvement in Community Outreach Events, Presentations and Digital Marketing.

TOPICS DISCUSSED:

AACOG Staff Update: Hoping for Chore Maintenance to begin on May 2, this will be for yard maintenance only. AACOG has added Mental Health and Dental vendors to increase services. May 2, 2022, will launch the Older Relative Caregiver Back to School Assistance. This will be for all 13 counties. AACOG as well as the BSAC Caregiver Coalition were in attendance at the Annual Low Vison expo on April 2, 2022. The Expo was well attended with over 360 in attendance.

Site Host, Jennifer Brackett with UT Caring for the Caregiver provided the group with updates for the programs they are currently offering. These classes are currently in hybrid format. Essentials of Caregiving with six rotating topics of concern, Learning Skills Together with a focus on transfers, home safety, and behaviors. UT offers engagement through their Sa Amigos Memory Cafés every third Monday of the month, Social Reassurance calls, and Virtual Gentle Yoga classes. There are also several support groups to meet different needs. Ms. Brackett additionally spoke to the group about Dementia Friends USA. She would gladly provide any trainings for this. Classes can be accessed through UTcaregivers.org/events

2022 Goals were further discussed, and it was determined that forming subcommittees may provide the support needed to accomplish them.

The Alamo Caregiver Coalition will participate in 4 educational events throughout the year, one per quarter.

- The Coalition will collaborate an event at the end of the summer or early fall with the Alamo Family Coalition members. This event will focus on caregiver resources and may include a panel discussion of Subject Matter Experts from the Coalition membership.
- First event completed: Low Vision Expo April 2, 2022. Jill Piazzi, Brett Bonney, and Magoli Gamboa worked the resource table. This event reached 368 attendees.
- Through the events a focus on increasing family caregiver to add to the e-Blast sent monthly.

Coalition members discussed benefits of both virtual and in-person meetings. Coalition discussed sending out a survey or addressing this again at the next meeting.

Coalition members gave updates on the services they are providing.

Family Caregiver Facebook page https://www.facebook.com/groups/alamocaregiverssupport.

DECISIONS MADE:

None

ACTIONS NEEDED:

None

NEXT MEETING DATE:

Tuesday, May 17, 2022 @ 8:30 - 10:00 AM

Location: Caring for the Caregiver, Health Texas / Hybrid via Zoom Meeting Invite

STAFF LIAISON CONTACT INFORMATION:

Cyndee Pierce, Caregiver Services Coordinator cpierce@aacog.com / (210) 832-5049

Meeting Date: 05/13/2022

Title: Information, Special Events Subcommittee Report

MEMBERSHIP:

X	Cynthia Romo*, Chair		
	Gloria De La Cruz-Sandoval*		
	Esmeralda Perez		
	Fernanda Cardenas*		
	Viri Rivera*		
	Maria Lopez*		
	Erika Salazar	X	Sonya Barrera-Medrano AAA Staff Liaison

^{*} denotes BSAC Members/Alternates

2022-23 GOALS

Hosting two events

- 1) Reprise of the "Unsung Heroes" Event May 2022
- 2) Senior Prom "Coming Out of COVID" Sept 2022

TOPICS DISCUSSED:

A meeting was held on May 4, 2022 to aide in the planning of the Unsung Heroes Celebration.

• Agenda was discussed, receipt of final nominations and set up of venue was discussed.

DECISIONS MADE:

- The date of May 26, 2022 with an event time from 10 am to 12:00 pm (noon) remains in place.
- The event will take place at Lincoln Center, 7800 W. Interstate 10 Suite 135, San Antonio, Tx 78230.
- Nomination forms were distributed and verification of final nominations pending review.
- In person meeting will be held Monday, May 9 to go over proposed venue, set up and nominations for finalization and preparation.

ACTIONS NEEDED:

n/a

NEXT MEETING DATE:

Next Meeting will be held May 9, 2022.

STAFF LIAISON CONTACT INFORMATION:

Sonya Barrera-Medrano, Benefits Counseling Coordinator (210) 918-1281 / SBarrera-Medrano@aacog.com

8. E.

Meeting Date: 05/13/2022

Title: Long Term Care Services 4/28/2022

MEMBERSHIP:

X	Beth Nixon, Chair		Elaine Talarski		
	Dawn Hamilton		Brenda Schmachtenberger, BSAC Chair (ex-officio)		
X	Brett Bonney	X Cindy Boyum, Staff Liaison			

2022 GOALS:

- 1. Volunteer Recruitment
- 2. Education on Ombudsman Program
- 3. Best Practices in Facilities

TOPICS DISCUSSED:

Beth Nixon, Brett Bonney, and Cindy Boyum met on 4/28/2022 at Jim's Restaurant. The subcommittee discussed the upcoming presentation at the OASIS, on May 10th. Ombudsman staff will be presenting about the LTC Ombudsman Program and how to volunteer. The subcommittee will be distributing flyers with information on how to volunteer, which includes the next training class.

The subcommittee is continuing to send Ombudsman flyers to community partners. Beth Nixon has arranged a presentation to be done at the next TORCH (Texas Organization of Residential Care Homes) meeting on May 18th - ombudsman staff will be presenting.

Brett Bonney attended the Low Vision Expo on April 2nd. Brett distributed flyers and discussed the LTC Ombudsman Program with some attendees.

Anyone interested in joining the efforts of this subcommittee should contact Beth Nixon or Cindy Boyum.

DECISIONS MADE:

n/a

ACTIONS NEEDED:

n/a

NEXT MEETING DATE:

Tuesday, May 24, 2022

STAFF LIAISON CONTACT INFORMATION:

Cindy Boyum, Managing Local Ombudsman for Bexar County

Office: 210-362-5226 / Cell: 210-380-3427

Email: cboyum@aacog.com

8. F.

Meeting Date: 05/13/2022

Title: Member Development and Advocacy Report

MEMBERSHIP:

X	Brenda Dever-Armstrong, Chair	X	Chris Johnson
X	Jo B. Alexander	X	Larry Johnson
	Marycela Barron	X	Misty Suarez
	Doris Griffin	X	Ryan McGuire (ex-officio)
X	Philip Jackson	X	Paula Riggs, Staff Liaison

2022 PRIORITY GOALS:

The Member Development and Advocacy Subcommittee will:

- 1. focus presentation topics for BSAC meetings in support of Goal #2 of the Bexar AAA Area Plan: Strengthen collaboration with local community partners to promote the benefits and needs of the aging population;
- 2. continue to work on membership diversity to meet requirements outlined in the bylaws; and
- 3. continue to support the advocacy efforts of the Texas Silver-Haired Legislature and the Bexar County delegation election process.

TOPICS DISCUSSED:

Nominations - application was received Noralyn Ripps to serve as Alternate to Chris Dawkins (the appointee to BSAC from the City/County Joint Commission on Elderly Affairs). Noralyn also serves on the Commission and was selected to serve as Mr. Dawkins' alternate.

DECISIONS MADE:

Nomination was approved to move forward.

ACTIONS NEEDED:

Approval of nominations (see Agenda Item 8.G.1.).

NEXT MEETING DATE:

TBD

STAFF LIAISON CONTACT INFORMATION:

Paula Riggs, Support Services Coordinator priggs@aacog.com / (210) 362-5273

8. G.

Meeting Date: 05/13/2022

Title: BSAC Nominations

Presented by: Paula Riggs, Support Services Coordinator

AGENDA ITEM DESCRIPTION:

Consider and act upon approval of BSAC Nomination.

BACKGROUND/HISTORY:

n/a

DISCUSSION:

New Alternate Member: Noralyn Ripps to serve as alternate to Chris Dawkins - City/County Joint Commission on Elderly Affairs appointee. Chris serves as Chair of the Commission. Noralyn has her Master of Science in Nursing from University of the Incarnate Word (2007) and has worked as a nursing clinician, leader, educator, consultant and researcher, working most recently at BAMC.

FINANCIAL IMPACT:

n/a

STAFF RECOMMENDATION:

The Member Development and Advocacy Subcommittee recommends approval of the nomination to be forwarded to the AACOG Board of Directors for approval.

Questions can be directed to staff liaison, Paula Riggs, at (210) 362-5273 or priggs@aacog.com.

8. G. 1.

Meeting Date: 05/13/2022

Title: Senior Companion Program Advisory Committee Report on January 12, 2022 Meeting

MEMBERSHIP:

X	Jill Piazzi*, Chair	EXC	Cindy Alleman*
EXC	Fernanda Cardenas*	EXC	Melissa McDowell
X	Valerie Houston	X	Laurin Lee Jimenez*
X	Kelley Gallant, SCP Coordinator	X	Darlene Hope-Jackson, Staff Liaison

^{*} denotes BSAC Members/Alternates

TOPICS DISCUSSED:

- 1. Welcome and Introduction of new members
- 2. The committee discussed volunteer/beneficiary numbers.
- 3. The rotation of a new volunteer representative to the committee.
- 4. Pending MOU
- 5. Volunteer Recognition
- 6. 2022 Goals

DECISIONS MADE:

n/a

ACTIONS NEEDED:

None

NEXT MEETING DATE:

Wednesday, July 13, 2022

STAFF LIAISON CONTACT INFORMATION:

Darlene Hope-Jackson, Outreach Specialist (210) 362-5251 / dhope-jackson@aacog.com

9. A.