

Agenda
Alamo Area Council of Governments
Alamo Senior Advisory Committee Meeting
Monday, August 15, 2022 - 1:30 p.m.
2700 NE Loop 410, Suite 101
San Antonio, TX 78217

1. Meeting called to Order.
2. Roll Call.
3. Public Comments
This time is for anyone to comment to the Advisory Committee on issues and items of concern. There will be no deliberation or action on these comments. Time allowed is at the discretion of the Chairman, with three (3) minutes being customary.
4. Presentation: Bristol Mercedes, Texas Grandparents Raising Grandchildren.
5. Consider and act upon approval of the July 14, 2022 minutes.
6. Chairperson's Report - Ginny Funk, Chair.
7. Director's Report - William McKnight, Director of Aging and Military Affairs.
8. Subcommittee Reports.
 - A. Alamo Service Connection Steering Committee - Marycela Barron, Chair.
 - B. Allocations and Monitoring - David Coble, Chair
 1. Consider and act upon approving the AACOG Contractors and Rates for FY23 Contractors Choice List.
 - C. Information, Special Events.
 - D. Member Development and Advocacy - Lisa Senteno, Chair.
 1. Consider and act upon approval of ASAC Member and Alternate nominations.
 - E. Ad Hoc Subcommittee - Long Term Care Services.
9. Alamo AAA Staff Reports.
 - A. ADRC - Tony Martinez.
 - B. Benefits Counseling - Sonya Barrera-Medrano.
 - C. Care Services - Juan Flores.
 - D. Caregiver Services and Health & Wellness Programs - Cyndee S. Pierce.
 - E. Long-term Care Ombudsman Program - Heather Armstrong.
10. Announcements.
11. Next Meeting Date: Thursday, November 10, 2022 at 10:00 a.m.
12. Adjournment.

This meeting is accessible to people with disabilities. The accessible entrance is located at the front entrance of 2700 NE Loop 410, San Antonio, TX 78217. Accessible parking spaces are also available. Please contact ACOG for auxiliary aids and services for the hearing impaired, including interpreters for the deaf, at 210-362-5200 at least 48 hours prior to the meeting or by calling Texas Relay at 7-1-1 for assistance.

Alamo Senior Advisory Committee

5.

Meeting Date: 08/15/2022

Title: July Minutes

Presented by: Paula Riggs, Support Services Coordinator

AGENDA ITEM DESCRIPTION:

Consider and act upon approval of the July 14, 2022 minutes.

Attachments

July 2022 Minutes

Minutes
Alamo Area Council of Governments
Alamo Senior Advisory Committee
Thursday, July 14, 2022 – 10:00 A.M.
2700 NE Loop 410, Suite 110
San Antonio, TX 78217

CATEGORY	MEMBERS		ALTERNATES	
Atascosa Co.	Arthur Troell	X		
	Patsy Troell	X		
Bandera Co.	Art Crawford			
Comal Co.	Nancy Stout	X		
	Jason Derscheid			
Frio Co.				
Gillespie Co.	Denise Usener	X		
Guadalupe Co.	Richard Hetzel	X		
Karnes Co.	Margaret Ryan			
Kendall Co.				
Kerr Co.				
McMullen Co.	Jayne Varga	E		
Medina Co.	David Coble	X		
Wilson Co.	Veronica Arriaga	X	Kathy Brown	
	Nicole Demmer	X		
TSHL	Ed Rogers	X		
Provider	Olivia Burdick	X		
Provider	Beth Collier	E	Jean Larson	
Provider	Ginny Funk, Chair	X		
Provider	Brenda Thompson	E		
Provider	Marycela Barron	E	Ileana Martinez	X
At-Large Rep.	Bobby Deike	E	Carol Delgado	X
At-Large Rep.	Mary Garr	X	Laura Mata-Delgado	
At-Large Rep.	Darryl Greer	E		
At-Large Rep.	Sara Lozano, Secretary	E	Carol Ann Villareal	X
At-Large Rep.	Derek Morton			
At-Large Rep.	Antonio Patron			
At-Large Rep.	Lisa Senteno	E		

AAA STAFF	
Jo Ann Tobias-Molina, Director	X
Trina Cortez, Assistant Dir.	X
Tony Martinez, Manager	X
Heather Armstrong	
Sonya Barrera-Medrano	X
Cindy Boyum	
Michael Darilek	
Juan Flores	X
Kelley Gallant	X
Gloria Givilancz	X
Cyndee Pierce	X
Paula Riggs	X

AACOG STAFF	

GUEST(S) PRESENT	

1. Meeting Called to Order at 10:00 A.M. by Ginny Funk, Chair.
2. Roll Call by Paula Riggs, Recording Secretary; a quorum was established.
3. Public Comment – none.

4. Presentation – Jane Paccione, Managing Director of Collective Impact San Antonio Area Foundation, presented Part Two of Reframing Aging. The Reframing Aging Initiative is a long-term social change endeavor designed to improve the public’s understanding of what aging means and the many ways that older people contribute to society. This greater understanding will counter ageism and guide the nation’s approach to ensuring supportive policies and programs for all.
5. Approval of the Minutes from May 12, 2022 – Denise Usener made a motion to approve the minutes as written, seconded by Dave Coble; there being no further discussion, motion carried.
6. Chair’s Report – Ginny Funk, Chair, shared some information about the upcoming Alzheimer’s Association annual conference. It will be held in person on Saturday, August 13, at Norris Conference Center. It will be hybrid for virtual attendance, as well. Ginny also expressed her gratitude to staff for the work they do in challenging circumstances—not only throughout the pandemic, but while also enduring loss, noting the recent sudden passing of Anna Lopez, AAA Billing Technician.
7. Director’s Report – Jo Ann Tobias-Molina, Director of Aging Programs, reported the following:
 - A. USAging (the national association for Area Agencies on Aging, formerly known as n4a) held their annual conference in Austin. Jo Ann and a few other staff members attended and heard that AAAs throughout the country are experiencing many of the same challenges, such as filling vacant positions, and finding adequate coverage for in-home provider care.
 - B. Area Plan – the process will soon be underway to work on the development of the next multi-year area plan. There will be a survey done to identify areas of concern in the community which will help shape future planning.
 - C. HHS Funding Appropriations – some of the legislative priorities will impact the funding that is appropriated to support the Older Americans Act programming. Everyone is encouraged to remain engaged with their elected officials to advocate on behalf of issues important to older adults and the funding needed to support those programs.
 - D. Referrals – programs in the Alamo region have seen a decline in referrals during recent months. In order to reach those who may be in need of services, AACOG is looking for additional outreach opportunities. If something becomes available in any of the Alamo counties, contact Joseph Briones (Outreach Specialist) or Tony Martinez (AAA Manager) to arrange participation at the event.

8. Subcommittee Reports:
 - A. Alamo Service Connection (ASC) Steering Committee – Tony Martinez reported on behalf of Marycela Barron, Chair, that the Committee is completing a survey to members of the Steering Committee to get input.
 - B. Allocations & Monitoring – no report.
 - C. Information, Special Events – no report.
 - D. Member Development and Advocacy – no report.
 - E. Ad Hoc Long-Term Care Support – Dave Coble will be meeting with the BSAC Subcommittee to discuss ways to join the effort to recruit additional volunteer ombudsmen for the Alamo region.
9. Alamo AAA Staff Reports.
 - A. ADRC. Tony Martinez, AAA Manager, reported that interviews have concluded for the Coordinator position and an offer will likely be made soon to fill that vacancy. The Call Center is fully staffed. Vaccine Outreach staff will be working on a new COVID outreach campaign.
 - B. BENEFITS COUNSELING. Sonya Barrera-Medrano, BC Coordinator, reported that Diana Garza has completed BC1 training and on the way to becoming SHIP/HICAP certified. The Benefits Enrollment Center metric of 500 applications has been surpassed, with BC staff assisting with 770 completed applications for older adults.
 - C. CARE SERVICES. Juan Flores, Care Services Coordinator, reported that new hire Nakita Fox has completed her probationary period and is currently managing her own case load. Elaine Garza was welcomed to the team on June 20. All services are open and referrals are appreciated. Staff would also welcome any referrals for a vendor needed to provide “chore maintenance” in the Alamo region. This service includes heavy cleaning (scrubbing floors, washing walls, or washing windows), moving heavy furniture (i.e. someone moving their bedroom to the first floor for mobility challenges), and yard maintenance (mowing, hedge trimming, tree trimming).
 - D. CAREGIVER SERVICES. Cyndee Pierce, Caregiver Services Coordinator, gave a report on the Back-to-School assistance program for Older Relative Caregivers. Through the partnership with Amerigroup and the staff donations of school supplies, 200 backpacks will be purchased and stuffed with supplies. These backpacks will be distributed through the contracted vendor Texas Grandparents Raising Grandchildren.

Cyndee also gave an overview of Health & Wellness and Caregiver classes being offered. Any interested individuals in attending, or agencies interested in hosting, should contact AAA staff.

Cyndee also reported on the Caregiver Coalition is looking for representation from ASAC as the impact and reach goes well beyond Bexar County. Anyone interested in attending should contact Cyndee.

E. LONG-TERM CARE OMBUDSMAN: Trina Cortez reported on behalf of Heather Armstrong, Managing Local Ombudsman, as the Ombudsman team was in Austin at the State Conference. Flyers were available advertising the next volunteer training session to start in September.

10. Announcements.

A. Kelley Gallant announced that AACOG was awarded a Foster Grandparent Program grant for three of the Alamo counties: Bandera, Medina and Wilson. She is forming an advisory committee for the program and would like anyone from ASAC who is interested, to contact her or Paula Riggs.

B. Ed Rogers made a brief announcement about Texas Silver Haired Legislature. He made directories available to anyone who would like a copy. He also indicated that he is in the process of recruiting additional representation from the rural Alamo AAA counties as there are still vacancies.

11. Next Meeting Date – to be determined based on schedule conflict in September.

12. There being no further business, Veronica Arriaga made a motion for adjournment, seconded by Dave Coble; meeting was adjourned.

Alamo Senior Advisory Committee

8. A.

Meeting Date: 08/15/2022**Title:** ASC Steering Committee Report**MEMBERSHIP:**

	***Marycela Barron, MOWSA - Chair		Paul Hamilton		**Brenda Schmachtenberger, OASIS
	Kent Allen	X	Samuel Hinojosa, Superior		*Lisa Senteno, DFPS
	Corina Arauza, AACOG IDDS		Roberta Jonas		Lauren Shuler
	Dalila Arredondo		Brooke Kearney		Jacob Ulczynski, AACOG IDDS
	Kitty Brietzke, SAILS		Carl Kidd		Guadalupe Valdes, USDA
	Sylvia Canonegron		Brenda Lara		Gina Valdez
	Christilee Erickson		Inez Longoria		Goldie Walker, DADS
	Tony Flowers-McFarland		Sean Morgan	X	Barbara Witte-Howell, JCOEA
	Barry Floyd, COIL		Michelle Naeder		Abel Zamora
	Tanisha Fullerfelix		Rene Paschall		Caren Zysk
	**Paul Furukawa		Nicole Perez		Jo Ann Tobias-Molina, AACOG Aging Director
	Michelle Galindo		Carolyn Rich		Trina Cortez, AACOG Aging Assistant Director
	Victoria Garcia		Elizabeth Rodriguez	X	Tony Martinez, AACOG AAA Manager
	Isaac Griffie		Rod Rodriguez	X	Jennie LeDeauz, AACOG ADRC Program Specialist
X	Jaqueline Gutierrez		Arlene Salazar	X	Sonya Barrera-Medrano, AACOG Aging BC Coordinator

* denotes ASAC Member/Alternate

** denotes BSAC Member/Alternate

*** denotes both ASAC/BSAC Member/Alternate

2022 GOALS

Maximize benefits for participating members and establish vision and priorities for the future.

TOPICS DISCUSSED:

1. Reviewed and discussed ADRC Steering Committee Survey results.
2. Discussed AACOG and ADRC staff updates
3. Announcement regarding AACOG's new website.
4. Presentation from Benefits Counseling Coordinator, Sonya Barrera-Medrano.

DECISIONS MADE:

N/A

ACTIONS NEEDED:

N/A

NEXT MEETING DATE:

October 27, 2022 at 10:00 A.M.

STAFF LIAISON CONTACT INFORMATION:

Tony Martinez, AAA Manager

(210) 362-5207 / tmartinez@aacog.com

Alamo Senior Advisory Committee

8. B.

Meeting Date: 08/15/2022

Title: Allocations and Monitoring Subcommittee Report

MEMBERSHIP:

X	David Coble, Chair	X	Richard "Dick" Hetzel
X	Veronica Arriaga	X	Gloria Givilancz, Staff Liaison
X	Bobby Deike		

TOPICS DISCUSSED:

The subcommittee members on July 28th, 2022 reviewed and discussed the proposed FY 23 Contractors and Rates.

DECISIONS MADE:

Subcommittee agreed to move the proposed AACOG FY 23 Contractors and Rates for ASAC review.

ACTIONS NEEDED:

ASAC approval of the AACOG FY 23 Contractors and Rates. (See Item 8.B.1.)

NEXT MEETING DATE:

TBD

STAFF LIAISON CONTACT INFORMATION:

Gloria Givilancz, Contract and Nutrition Coordinator

ggivilancz@aacog.com

(210) 362-5306

Alamo Senior Advisory Committee

8. B. 1.

Meeting Date: 08/15/2022

Title: FY 23 Contractors Choice List

Presented by: Gloria Givilancz, Contracts Coordinator

AGENDA ITEM DESCRIPTION:

Consider and act upon approving the AACOG Contractors and Rates for FY23 Contractors Choice List.

BACKGROUND/HISTORY:

N/A

DISCUSSION:

The Alamo Senior Advisory Committee Allocations Subcommittee met on July 28th and approved the FY 23 Contractor Choice List

FINANCIAL IMPACT:

None

STAFF RECOMMENDATION:

Recommend approval of the AACOG Contractors and Rates for FY23 Contractors Choice List. For questions contact Gloria Givilancz, Contract and Nutrition Coordinator at (210) 362-5306 or ggivilancz@aacog.com.

Attachments

FY23 Proposed Contract Choice List

Contractor	SERVICE	FY23 Rate	UNIT OF SERVICE	SPECIFICS	SERVICE AREA
Alzheimer's Association	CG Information Services	\$10.00 per attendee/ Summit up to \$5,000	One Activity	Annual Summit	All Counties
Loss of Life Advocates dba LOLA	CG Information Services	Up to \$3,000	One Activity	Minimum 3 hours	All Counties
Meals on Wheels San Antonio	CG Information Services	Up to \$2,000	One Activity		Bexar, Atascosa, Bandera, Frio, Comal, Gillespie, Guadalupe, Karnes, Kendall, Medina, McMullen, Wilson
Texas Grandparents Raising Grandchildren (TXGRG)	CG Information Services	\$20.00	One Hour	Minimum 4 hrs day	All Counties
UT Health	CG Information Services	Up to \$3,000	One Activity		All Counties
WellMed Charitable Foundation	CG Information Services	Up to \$3,500	One Activity	Summit	All Counties
Alzheimer's Association/check the up to amount	CG Support Groups	\$25.00 per attendee	One Session		All Counties
Loss of Life Advocates dba LOLA	CG Support Groups	Up to \$1,000	One Session	Minimum 5 hours	All Counties
UT Health	CG Support Groups	\$35 per session/attendee max \$1000	One Session		All Counties
Alzheimer's Association	CG Training	\$25.00 per attendee	One Session		All Counties
Gray Matters	CG Training	Up to \$1,000	One Unit/Session	Minimum 3 hrs day	Atascosa, Bandera, Bexar, Comal, Guadalupe, Kendall, Medina, Wilson
Loss of Life Advocates dba LOLA	CG Training	Up to \$1,000	One Session	Minimum 3 hours	All Counties
Meals on Wheels San Antonio	CG Training	Up to \$1,000	One Session		Bexar, Atascosa, Frio
San Antonio Oasis	CG Training	\$25.00	One Hour	Per Person	Bexar
Texas Grandparents Raising Grandchildren (TXGRG)	CG Training	\$20.00	One Hour	Minimum 4 hrs day	All Counties
Upward care	CG Training	Up to \$1,000	One Session		All Counties
UT Health	CG Training	Up to \$1,000	One Session		All Counties
WellMed Charitable Foundation	CG Training	Up to \$3500	One Session	Summit	All Counties
Silver-Bullet Lawn Service	Chore Maintenance - Small Lawn Svc	\$50.00	One Hour	Minimum 1 Hour Small/Aver Yard	Bexar
Silver-Bullet Lawn Service	Chore Maintenance - Medium Lawn Svc	\$65.00	One Hour	Minimum 1 Hour Small/Aver Yard	Bexar
Silver-Bullet Lawn Service	Chore Maintenance - Large Lawn Svc	\$100.00	One Hour	Minimum 1 Hour Small/Aver Yard	Bexar
Silver-Bullet Lawn Service	Chore Maintenance - Trim Shrubs	\$50.00	One Hour	Minimum 1 Hour Small/Aver Yard	Bexar
CCSCF Comal County Senior Citizens Foundation	Congregate Meals	\$4.56	One Meal		Comal, Guadalupe, Karnes, Wilson
City of San Antonio (CoSA) - Subrecipient	Congregate Meals	\$6.61	One Meal		Bexar
City of Schertz	Congregate Meals	\$3.81	One Meal		Bexar, Comal, Guadalupe
GRASP	Congregate Meals	\$6.31	One Meal		Bexar
Madonna Center	Congregate Meals	\$5.45	One Meal		Bexar
Presa Community Center	Congregate Meals	\$7.38	One Meal		Bexar

* New Vendor

FY23 AAA Contractors

Contractor	SERVICE	FY23 Rate		UNIT OF SERVICE	SPECIFICS	SERVICE AREA
Silver Sage Community Center	Congregate Meals	\$7.73		One Meal		Bandera, Medina
ADT LLC/Monthly fee	Emergency Response	\$24.95		One Month	Standard Landline	All Counties
ADT LLC	Emergency Response	\$24.95		One Month	Cellular Two Way Voice	All Counties
ADT LLC	Emergency Response	\$29.95		One Month	Cellular 2 Way w/Fall Detection	All Counties
ADT LLC	Emergency Response	na		One Month	On the Go	All Counties
ADT LLC	Emergency Response	na		One Month	On the Go w/Fall Detection	All Counties
ADT LLC	Emergency Response	\$24.95		One Time	Lockbox	All Counties
AE Medical Alert, Inc/Landline	Emergency Response	\$26.00		One Month	Home, Analog/Digital	All Counties
AE Medical Alert, Inc/For cell	Emergency Response	\$35.00		One Month	Cellular	All Counties
AE Medical Alert, Inc/For cell without fall	Emergency Response	\$35.00		One Month	Mobile w/out fall detection or GPS	All Counties
AE Medical Alert, Inc/For cell with fall	Emergency Response	\$40.00		One Month	Mobile w/fall detection & GPS	All Counties
AE Medical Alert, Inc	Emergency Response	\$5.00		One Month	Fall Button	All Counties
AE Medical Alert, Inc	Emergency Response	\$5.00		One Month	Additional Pendent	All Counties
AE Medical Alert, Inc	Emergency Response	\$0.00		No Charge	LockBox	All Counties
Associated Home Services, Inc. (AHS)	Emergency Response	\$26.00		One Month	Home, Analog/Digital	All Counties
Associated Home Services, Inc. (AHS)	Emergency Response	\$35.00		One Month	Cellular	All Counties
Associated Home Services, Inc. (AHS)	Emergency Response	\$40.00		One Month	Mobile w/Fall Detection & GPS	All Counties
Associated Home Services, Inc. (AHS)	Emergency Response	\$35.00		One Month	Mobile w/out Fall Detection or GPS	All Counties
Associated Home Services, Inc. (AHS)	Emergency Response	na		One Month	Fall Button	All Counties
Associated Home Services, Inc. (AHS)	Emergency Response	na		One Month	Additional Pendent	All Counties
Associated Home Services, Inc. (AHS)	Emergency Response	na		One Month	Add ons - Lockboxes	All Counties
Connect America.com LLC	Emergency Response	\$29.76		One Month		All Counties
Deaf Interpreter Services, Inc.	Evidence Based Intervention	\$45.00		One Contact		Atascosa, Bandera, Bexar, Comal
San Antonio Oasis	Evidence Based Intervention	\$50.00		One Contact		Bexar

* New Vendor

FY23 AAA Contractors

Contractor	SERVICE	FY23 Rate	UNIT OF SERVICE	SPECIFICS	SERVICE AREA
YMCA	Evidence Based Intervention	\$40.00	per person/per class/20 classes	BingoCize and Matter of Balance	All Counties
15RX, LLC dba 15RX Pharmacy	Health Maintenance	Up to \$3000	One Contact	Medical Equipment	All Counties
AccessAbility Home Modifications	Health Maintenance	Up to \$3,000	One Contact		All Counties
Archer-Rose, LLC dba Fredericksburg Medical Equipment/ Kerrville Medical Equipment	Health Maintenance	Up to \$3,000	One Contact	Medical Equipment	Bandera, Gillespie, Kendall, Kerr, Medina
Enable Dentist dba Texas Mobile Dentists, Inc.	Health Maintenance	Up to \$3,000	One Contact	Dental Services	All Counties
Home Delivery Incontinent Supplies Co. Inc. dba HDIS	Health Maintenance	Up to \$3,000	One Contact		All Counties
Mattress Firm	Health Maintenance	Up to \$3000	One Contact		All Counties
My Econo's Optical	Health Maintenance	Up to \$3,000	One Contact	Vision Frame & Lenses	All Counties
My Own Optical LLC	Health Maintenance	Up to \$3,000	One Contact	Vision Frame & Lenses	All Counties
Project Mend	Health Maintenance	Up to \$3,000	One Contact	Medical Equipment	All Counties
Texas Diaper Bank	Health Maintenance	Up to \$3,000	One Contact	3/6 Month Incontinence Supplies	All Counties
Wood Medical Supply	Health Maintenance	Up to \$3,000	One Contact	Medical Supplies	All Counties
CCSCF Comal County Senior Citizens Foundation	Home Delivered Meals	\$5.31	One Meal		Comal, Guadalupe, Karnes, Wilson
Christian Task Force dba Christian Village Apartments	Home Delivered Meals	\$11.82	One Meal		Bexar
City of San Antonio (CoSA) - Subrecipient	Home Delivered Meals	\$6.61	One Meal		Bexar
City of Schertz	Home Delivered Meals	\$0.00	One Meal		Bexar, Comal, Guadalupe
GRASP	Home Delivered Meals	\$0.00	One Meal		Bexar
Kirby Senior Center	Home Delivered Meals	\$0.00	One Meal		Bexar
Madonna	Home Delivered Meals	\$5.97	One Meal		Bexar
MOWSA (Subrecipient)	Home Delivered Meals	\$5.31	One Meal		Bexar
MOWSA (Atasosa and Frio)	Home Delivered Meals	\$5.31	One Meal		Atascosa, Frio
Medina Senior Center, Inc.	Home Delivered Meals	\$5.31	One Meal		Medina
Silver Sage	Home Delivered Meals	\$5.31	One Meal		Bandera, Medina
ABSF, LLC dba Family Tree Private Care	Homemaker	\$27.80	One Hour	Minimum of 4 Hours/Day	Bexar
ADMT Solutions	Homemaker	\$18.75	One Hour	Minimum of 4 Hours/Day	Atascosa, Bexar, Comal, Kerr, Medina
American Medical Home Health Services - San Antonio, LLC	Homemaker	\$17.00	One Hour	N/A	All Counties
Angeles Divinos Home Health Care, Inc.	Homemaker	\$14.56	One Hour	N/A	All Counties
Caprock Home Health Services, Inc.	Homemaker	\$13.05	One Hour	Minimum of 4 Hours/Day	Bexar, Comal, Medina
Colonial Home Health, Inc.	Homemaker	\$16.00	One Hour	Minimum of 3 Hours/Day	Bexar
En Su Casa Primary Hme Care Services, Inc. dba En Su Casa Caregivers	Homemaker	\$18.00	One Hour	Minimum 3 hrs. a day	Atascosa, Bandera, Bexar, Comal, Frio, Guadalupe, Kendall, Medina, Wilson

* New Vendor

Contractor	SERVICE	FY23 Rate	UNIT OF SERVICE	SPECIFICS	SERVICE AREA
Hands of Angels Home Health Care, Inc.	Homemaker	\$14.56	One Hour	N/A	All Counties
SA Helping Hands LLC dba Helping Hands of San Antonio Home Care	Homemaker	\$17.00	One Hour	Minimum 4 hrs. a day	Atascosa, Bexar, Comal, Kendall, Wilson
Incarnate Word Retirement Community Inc. dba The Village at Incarnate Word (Sisters Care at The Village)	Homemaker	Not providing	One Hour	Minimum 3 hrs. a day	Bexar
J Person, Inc. dba Living Word Home Care Service	Homemaker	\$19.00	One Hour	Minimum 4 hrs day	Bexar, Guadalupe
Lifespan Home Health-Advance Hi Tech Nursing, Inc.	Homemaker	\$12.63	One Hour	Minimum Three Hours/Day-9 hrs per week	Bexar
The Home Care Team, Inc. dba MED Team Inc.	Homemaker	\$15.00	One Hour	Minimum of 3 hours/Day	Atascosa, Bandera, Bexar, Comal, Frio, Guadalupe, Karnes, Kendall, Kerr, Medina, Wilson
Outreach Health Community Care Services LP dba Outreach Home Care	Homemaker	\$16.00	One Hour	Minimum of 2 Hours/Day	All Counties
R & R Home Caregivers	Homemaker	\$21.00	One Hour	Minimum of 4 Hours/Day	Bexar
St. Joseph's Adult Healthcare LLC	Homemaker	\$20.00	One Hour	na	All Counties
Texas Caregiver Home Health	Homemaker	\$25.00	One Hour	Minimum of 4 Hours/Day	Kerr, Gillespie, Kendall
Texas Home Health of America LP dba AccentCare Personal Care Services of Texas	Homemaker	\$16.00	One Hour	No Minimum	All Counties
Visiting Angels	Homemaker	\$22.00	One Hour	Minimum of 4 Hours/Day	All Counties
Bennie's TV	Income Support	Up to \$3,000	One Contact		All Counties
M & M Weatherization	Income Support	Up to \$3000	One Contact		All Counties
Project Mend	Income Support	Up to \$3,000	One Contact		All Counties
SA Threads	Income Support	Up to \$150/child	One Contact	Back to School Clothing Assistance	Bexar
Texas Diaper Bank	Income Support	Up to \$200/child	One Contact		All Counties
Texas Grandparents Raising Grandchildren	Income Support	Up to \$200/child	One Contact		All Counties
Law Office of Jeff David Hall	Legal Assistance	\$60.00	One Hour		Bexar
San Antonio Bar Association	Legal Assistance	\$60.00	One Hour		All Counties
Nueva Vida Behavioral Associates, Inc.	Mental Health Services	\$100.00	One Hour	In Office/Virtual	Bexar, Atascosa, Bandera, Comal, Guadalupe, Karnes, Kerr, Medina, Wilson
Turning Point Associates, Inc.	Mental Health Services	Up to \$130.00	One Hour	In Office/Virtual	All Counties
ABSF, LLC dba Family Tree Private Care	Personal Assistance	\$28.80	One Hour	Minimum of 4 Hours/Day	Bexar
ADMT Solutions	Personal Assistance	\$18.75	One Hour	Minimum of 4 Hours/Day	Atascosa, Bexar, Comal, Kerr, Medina
American Medical Home Health Services - San Antonio, LLC	Personal Assistance	\$17.00	One Hour	N/A	All Counties
Angeles Divinos Home Health Care, Inc.	Personal Assistance	\$14.56	One Hour	N/A	All Counties
Caprock Home Health Services, Inc.	Personal Assistance	\$13.05	One Hour	Minimum of 4 Hours/Day	Bexar, Comal, Medina
Colonial Home Health	Personal Assistance	\$14.00	One Hour	Minimum of 3 Hours/Day	Bexar
En Su Casa Primary Hme Care Services, Inc. dba En Su Casa Caregivers	Personal Assistance	\$18.00	One Hour	Minimum 3 hrs. a day	Atascosa, Bandera, Bexar, Comal, Frio, Guadalupe, Kendall, Medina, Wilson
Hands of Angels Home Health Care, Inc.	Personal Assistance	\$14.56	One Hour	N/A	All Counties

FY23 AAA Contractors

Contractor	SERVICE	FY23 Rate	UNIT OF SERVICE	SPECIFICS	SERVICE AREA
SA Helping Hands LLC dba Helping Hands of San Antonio Home Care	Personal Assistance	\$17.00	One Hour	Minimum 4 hrs. a day	Atascosa, Bexar, Comal, Kendall, Wilson
Incarmate Word Retirement Community Inc. dba The Village at Incarnate Word (Sisters Care at The Village)	Personal Assistance	\$18.00	One Hour	Minimum 3 hrs. a day	Bexar
J Person, Inc. dba Living Word Home Care Service	Personal Assistance	\$19.00	One Hour	Minimum 4 hrs day	Bexar, Guadalupe
Lifespan Home Health-Advance Hi Tech Nursing, Inc.	Personal Assistance	\$12.80	One Hour	Minimum Three Hours/Day-9 hrs per week	Bexar
The Home Care Team, Inc. dba MED Team Inc.	Personal Assistance	\$15.00	One Hour	Minimum of 3 hours/Day	Atascosa, Bandera, Bexar, Comal, Frio, Guadalupe, Karnes, Kendall, Kerr, Medina, Wilson
Outreach Health Community Care Services LP dba Outreach Home Care	Personal Assistance	\$16.00	One Hour	Minimum of 2 Hours/Day	All Counties
R & R Home Caregivers	Personal Assistance	\$21.00	One Hour	Minimum of 4 Hours/Day	Bexar
St. Joseph's Adult Healthcare LLC	Personal Assistance	\$16.25	One Hour	Minimum of 3 hours/Day	All Counties
Texas Caregiver Home Health	Personal Assistance	\$25.00	One Hour	Minimum of 4 Hours/Day	Kerr, Gillespie, Kendall
Texas Home Health of America LP dba AccentCare Personal Care Services of Texas	Personal Assistance	\$16.50	One Hour	No Minimum	All Counties
Visiting Angels	Personal Assistance	\$22.00	One Hour	Minimum of 4 Hours/Day	All Counties
San Antonio Oasis	Physical Fitness	\$5.00	One Contact		Bexar
San Antonio Oasis /Texercise Select	Physical Fitness	\$10.00	One Contact	Texercise Select Classes	Bexar
AccessAbility Home Modifications	Residential Repair	Up to \$5,000	One Unduplicated Dwelling unit occupied by an older person		All Counties
Bennie's TV & Appliance	Residential Repair	NO	One Unduplicated Dwelling		All Counties
M&M Weatherization Co.	Residential Repair	Up to \$5,000	One Unduplicated Dwelling unit occupied by an older person		All Counties
Rebuilding Together San Antonio	Residential Repair	Up to \$5,000	One Unduplicated Dwelling unit occupied by an older person		All Counties (FY23 Bexar, Comal, Guadalupe, Medina Wilson and others upon request)
Texas Home Modification Services, LLC dba THMS Construction	Residential Repair	Up to \$5,000	One Unduplicated Dwelling unit occupied by an older person		All Counties
Texas Ramp Project	Residential Repair	Up to \$5,000	One Unduplicated Dwelling unit occupied by an older person		All Counties
ADMT Solutions	Respite In Home	\$18.75	One Hour	Minimum of 4 Hours/Day	Atascosa, Bexar, Comal, Kerr, Medina
American Medical Home Health Sevices - San Antonio, LLC	Respite In Home	\$13.75	One Hour	Minimum of 3 Hours/Day	All Counties
Amour Healthcare Services, LLC dba Amour Home Health	Respite In Home		One Hour	Minimum of 2 Hours/Day	Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, Wilson

* New Vendor

FY23 AAA Contractors

Contractor	SERVICE	FY23 Rate		UNIT OF SERVICE	SPECIFICS	SERVICE AREA
Angeles Divinos Home Health Care, Inc.	Respite In Home	\$14.56		One Hour	N/A	All Counties
Caprock Home Health Services, Inc.	Respite In Home	\$13.05		One Hour	Minimum of 4 Hours/Day	Bexar
Colonial Home Health, Inc	Respite In Home	\$14.00		One Hour	Minimum 3 hrs day	Bexar, Comal, Medina
En Su Casa Primary Hme Care Services, Inc. dba En Su Casa Caregivers	Respite In Home	\$16.00		One Hour	Minimum 3 hrs day	Atascosa, Bandera, Bexar, Comal, Frio, Guadalupe, Kendall, Medina, Wilson
Hands of Angels Home Health Care, Inc.	Respite In Home	\$14.56		One Hour	N/A	All Counties
SA Helping Hands LLC daba Helping Hands of San Antonio Home Care	Respite In Home	\$17.00		One Hour	Minimum 4 hrs day	Atascosa, Bexar, Comal, Kendall, Wilson
Incarname Word Retirement Community Inc. dba The Village at Incarnate Word (Sisters Care at The Village)	Respite In Home	\$18.00		One Hour	Minimum 3 hrs day	Bexar
J Person, Inc. dba Living Word Home Care Service	Respite In Home	\$19.00		One Hour	Minimum 4 hrs day	Bexar, Guadalupe
Lifespan Home Health-Advance Hi Tech Nursing, Inc.	Respite In Home	\$10.94		One Hour	Minimum of 3 Hours/Day-9 hrs per week	Bexar
The Home Care Team, Inc. dba MED Team Inc.	Respite In Home	\$15.00		One Hour	Minimum of 3 hours/Day	Atascosa, Bandera, Bexar, Comal, Frio, Guadalupe, Karnes, Kendall, Kerr, Medina, Wilson
Outreach Health Community Care Services LP dba Outreach Home Care	Respite In Home	\$16.00		One Hour	Minimum of 2 Hours/Day	All Counties
R & R Home Caregivers	Respite In Home	\$21.00		One Hour	Minimum of 4 Hours/Day	Bexar
Texas Caregiver Home Health	Respite In Home	\$25.00		One Hour	Minimum of 4 Hours/Day	Kerr, Gillespie, Kendall
Texas Home Health of America LP dba AccentCare Personal Care Services of Texas	Respite In Home	\$16.00		One Hour	No Minimum	All Counties
Visiting Angels	Respite In Home	\$22.00		One Hour	Minimum of 4 Hours/Day	All Counties
ADMT Solutions	Respite Out of Home	\$18.75		One Hour	Minimum of 4 Hours/Day	Atascosa, Bexar, Comal, Kerr, Medina
Seniors 2000	Respite Out of Home	\$22.00				Bexar
Texas Caregiver Home Health	Respite Out of Home	\$25.00		One Hour	Minimum of 4 Hours/Day	Kerr, Gillespie, Kendall
San Antonio Oasis	Social Reassurance	\$10.00		Per Call		Bexar
UT Health	Social Reassurance	\$10.00		Per Call		All Counties
YMCA	Social Reassurance	\$10.00		Per Call		Atascosa, Bandera, Bexar, Comal, Guadalupe, Kendall, Kerr, Medina, Wilson
ART	Transportation	\$28.00		One, One Way Trip	Within same county	All Counties
ART	Transportation	\$28.00		One, One Way Trip	One County to Another	All Counties
Presa Community Center -	Transportation	\$14.17		One, One Way Trip	Within Same county	Bexar
Somerset Senior Citizens Center, Inc.	Transportation	\$8.90		One, One Way Trip	Atascosa Bexar	Atascosa, Bexar

Alamo Senior Advisory Committee

8. D.

Meeting Date: 08/15/2022

Title: Membership Development and Advocacy Report

MEMBERSHIP:

Lisa Senteno, Chair	X	Patsy Troell	
Mary Garr		Denise Usener	
Ed Rogers	X	Jayne Varga	X
Nancy Stout		Carol Ann Villareal	
Brenda Thompson	X	Ginny Funk (ex officio, ASAC Chair)	X
		Paula Riggs, Staff Liaison	X

TOPICS DISCUSSED:

- * Resignations
- * Change In Representation
- * Nominations
- * Speaker Presentations
- * Planning for 2023 Officers and Membership Commitments

DECISIONS MADE:

1. RESIGNATIONS: Resignations were accepted from Jason Derscheid, Jonathan Rivera and Antonio Patron--all of whom had position changes that impacted their capacity to serve on ASAC.

2. CHANGE IN REPRESENTATION: Brenda Thompson has been serving as a "Provider Representative" and has now been appointed to represent Kerr County.

3. NOMINATIONS: Nomination of Frio County Representative, Raul Carrizales, III, was reviewed and accepted to move forward.

4. SPEAKER: Mercedes Bristol from Texas Grandparents Raising Grandchildren has confirmed to speak in August.

5. PLANNING FOR 2023: Paula Riggs will send a survey out to get recommitment to serve in 2023. Ginny Funk has agreed to serve her second one-year term as Chair. Anyone interested in serving as Vice Chair or Secretary in 2023 should contact Paula Riggs or Lisa Senteno. Slate of Officers and term renewals will be presented at the November ASAC meeting.

ACTIONS NEEDED:

ASAC review and approval is needed for Member nominations, to send to AACOG Board for final approval. (See Agenda Item 8.D.1.)

NEXT MEETING DATE:

TBD

STAFF LIAISON CONTACT INFORMATION:

Paula Riggs
Support Services Coordinator, AACOG Area Agencies on Aging
priggs@aacog.com or (210) 362-5273

Alamo Senior Advisory Committee

8. D. 1.

Meeting Date: 08/15/2022

Title: ASAC Member/Alternate Nominations

Presented by: Paula Riggs, Support Services Coordinator

AGENDA ITEM DESCRIPTION:

Consider and act upon approval of ASAC Member and Alternate nominations.

BACKGROUND/HISTORY:

n/a

DISCUSSION:

Member: Raul Carrizales, III has been appointed by Frio County Commissioner's Court to represent Frio County on Alamo Senior Advisory Committee. Mr. Carrizales is a Veteran of the US Army and is currently County Commissioner for Precinct 3.

FINANCIAL IMPACT:

n/a

STAFF RECOMMENDATION:

The Member Development and Advocacy Subcommittee members recommend approval of the Member and Alternate nominations to be forwarded to the AACOG Board of Directors for approval.

Questions can be directed to staff liaison, Paula Riggs, at (210) 362-5273 or priggs@aacog.com.

Alamo Senior Advisory Committee

8. E.

Meeting Date: 08/15/2022

Title: Long Term Care Services 5/31/2022

MEMBERSHIP:

X	Beth Nixon, Chair		Elaine Talarski
X	Brett Bonney	X	Cindy Boyum, Staff Liaison
X	Dave Coble, ASAC	X	Heather Armstrong ASAC, Staff Liaison
			Ryan McGuire, ex officio

2022 GOALS:

1. Volunteer Recruitment
2. Education on Ombudsman Program
3. Best Practices in Facilities

TOPICS DISCUSSED:

Sherri Smith, Outreach Coordinator presented at TORCH (Texas Organization of Residential Care Homes) 6/15/22.

Brett Bonney attended an event at the Doris Griffin Senior Center and handed out OMB information and resources to about 10 participants. Brett will also schedule a presentation in the near future to discuss the OMB Program.

Beth Nixon, Brett Bonney, Dave Coble, Cindy Boyum and Heather Armstrong, met to discuss BSAC and ASAC combining their focus on ways to support the LTC Ombudsman program with additional volunteer recruitment efforts and opportunities.

BSAC and ASAC members will distribute OMB brochures and flyers to community partners such as churches, rotary club meetings, Lions Club meetings and Kiwanis club meetings. Beth Nixon will also announce the upcoming training at the Schertz senior center 7/29/22.

Anyone interested in joining the efforts of this subcommittee should contact Dave Coble or Heather Armstrong.

DECISIONS MADE:

n/a

ACTIONS NEEDED:

n/a

NEXT MEETING DATE:

8/17/22

STAFF LIAISON CONTACT INFORMATION:

ASAC:

Heather Armstrong, Managing Local Ombudsman for Alamo AAA

Office: 210-362-5283 / Cell: 210-250-1065 / Email: harmstrong@aacog.com

BSAC:

Cindy Boyum, Managing Local Ombudsman for Bexar County

Office: 210-362-5226 / Cell: 210-380-3427 / Email: cboyum@aacog.com

Alamo Senior Advisory Committee

9. A.

Meeting Date: 08/15/2022

ADRC Report

TITLE:

ADRC - Tony Martinez.

PROGRAM REPORT:

The mission for the Aging and Disability Resource Centers (ADRCs) is to serve as a highly visible, trusted resource for assistance with access to the full range of community-based Long Term Support and Service (LTSS) options via a “no wrong door” model for all individuals regardless of age, income and disability. AACOG's Alamo Service Connection (ASC) can be reached through the statewide ADRC toll free number: 855-937-2372.

Summary Report of ASC and Rural Counties Calls received by County:

Combined Contact / Call Count July 2022					
	May 2022	June 2022	July 2022	Total	Average
Atascosa	47	51	73	171	57
Bandera	14	41	33	88	29
Comal	53	71	95	219	73
Frio	10	20	15	45	15
Gillespie	8	10	14	32	11
Guadalupe	65	83	47	195	65
Karnes	12	5	11	28	9
Kendall	15	18	31	64	21
Kerr	22	43	27	92	31
McMullen	2	2	0	4	1
Medina	32	35	54	121	40
Wilson	34	43	44	121	40
Total:	314	422	444	1180	393

ADRC Coordinator position was filled on August 8th, welcoming Alyssa Dominguez.

ADRC and AAA are developing a new Vaccine Campaign that includes PSAs in all 13 counties, and will be shared when ready.

CONTACT INFORMATION:

Tony Martinez
AAA Manager
tmartinez@aacog.com / (210) 362-5207

Alamo Senior Advisory Committee

9. B.

Meeting Date: 08/15/2022

Benefits Counseling - Sonya Barrera-Medrano

TITLE:

Benefits Counseling - Sonya Barrera-Medrano.

PROGRAM REPORT:

1. Benefits Counselors (BC) will be conducting outreach during Road Show events in Medina and Wilson County. The goal is to connect and educate adult adults / Medicare beneficiaries to services in the five core benefits available: Medicaid, Medicare Cost Sharing (MSP), Low Income Subsidy (LIS), Supplemental Nutrition Assistance Program (SNAP), Liheap and Weatherization.
2. The Benefits Counselors (BC) Team have accomplished the following from Oct 2021 through July 30, 2022: Completed and processed 857 applications for older adults/Medicare Beneficiaries, Unduplicated referrals of 2508 in both Bexar and Alamo and 117 outreach events.
3. Benefits Counselors will begin scheduling the 2022 Medicare Open Enrollment/MOE Season throughout the Alamo area. MOE will take place from October 15 to December 7. This is the time period new and existing Medicare Beneficiaries can change and or have a plan comparison conducted on their current and or new Medicare Advantage and Part D prescription coverage. During these scheduled events, the BC Team will continue to educate and to empower older adults/Medicare Beneficiaries about eligibility services for multiple federal and state benefit programs. The BC team assists with completing, submitting applications and compiling necessary documents. BC provides counseling on Medicare Benefits, Medicaid, Medicare Cost Sharing (MSP), Low Income Subsidy (LIS), Supplemental Nutrition (SNAP), Li-heap/Weatherization, Nursing Facility and Community Attendant Services. The BC team is available to provide presentations and education to older adults/Medicare Beneficiaries. Legal Assistance is also available to adults over 60 through Benefits Counseling "free" legal assistance in wills, power of attorney, probate, advanced directives, divorce, Transfer on Death Deed, adoptions, custody for children being raised by a relative over the age of 55, adult guardianship and Qualified Income Trust for the purpose of Medicaid eligibility.

CONTACT INFORMATION:

Sonya Barrera-Medrano

Benefits Counseling Coordinator

(210) 918-1281 / SBarrera-Medrano@AACOG.com

Alamo Senior Advisory Committee

9. C.

Meeting Date: 08/15/2022

Care Services Report

TITLE:

Care Services - Juan Flores.

PROGRAM REPORT:

As of 20 July 2022, Care Specialist I Ms. Elaine Garza completed her first 30-day Probationary Period. Ms. Garza is on task with her training and is currently working Income Support Cases.

Funding for Chore Maintenance is available, however a vendor to provide these services is still needed in the Alamo region.

Chore Maintenance consists of:

- Heavy cleaning (e.g. scrubbing floors, washing walls, or washing windows inside and outside)
- Moving heavy furniture
- Yard maintenance (e.g. mowing and trimming lawn, hedge trimming, or tree trimming)

From September 2021 through July 2022, the Care Coordination team provided assistance to 320 clients in the Alamo Area. The end of the fiscal year is approaching but all Care Services are open and available in the Alamo Area.

Priority is given to those who:

- have recently suffered a major illness or health care crisis, or have recently been hospitalized and need additional attention during the recuperation period;
- are moderately to severely impaired in activities of daily living and instrumental activities of daily living;
- have insufficient caregiver support;
- are in greatest economic/social need, particularly low income, minority older adults;
- are frail and live alone.

CONTACT INFORMATION:

Juan Flores

Care Services Coordinator

jflores@aacog.com or (210) 362-5562

Alamo Senior Advisory Committee

9. D.

Meeting Date: 08/15/2022

Caregiver Services and Health & Wellness Report

TITLE:

Caregiver Services and Health & Wellness Programs - Cyndee S. Pierce.

PROGRAM REPORT:

Caregivers Served September 2021 - July 2022

Caregiver Support Coordination: 233

Caregiver Support Coordination

Through the generous donation from Amerigroup 200 backpacks with school supplies were distributed throughout the Alamo region with the assistance of AACOG contracted vendor, Texas Grandparents Raising Grandchildren.

The Caregiver program continues to be on target with assistance to provide requested Respite, Caregiver Education, and Mental Health Counseling.

Alamo AAA is still working with Texas Diaper Bank to provide 3- or 6-month bulk orders of incontinent supplies to persons 60 and older. If you know someone that is in need, please have them contact the Texas Diaper Bank directly at 210-731-8118.

The Caregiver Services Coordinator, Cyndee Pierce, would like to encourage you to consider joining the Alamo Family Caregiver Coalition. This is a group of professionals, community leaders, and family caregivers with the mission of improving the quality of life for caregivers and care recipients through advocacy, information, support, and access to resources.

The next Coalition meeting will be on August 16th 8:30-10:00 A.M. Anyone interested in receiving an invitation should contact Ms. Pierce, Caregiver Services Coordinator.

Caregiver Classes, Workshops, and Outreach

Caregiver Classes and Workshops: Information from community partners is provided to Caregivers through online Caregiver Training, Trualta, as well as a monthly e-Blast.

Caregiver Outreach: The Caregiver volunteer continues to send e-Blasts for upcoming events and informational services to caregivers in all 13 counties. This e-Blast occurs twice a month.

- Vaccine Outreach event:Schertz
- Medina County AACOG Road Show
- Alzheimer's Association Educational Summit-All counties (Health & Wellness staff will conduct a 30 minute demonstration)

Health and Wellness Classes and Workshops

Virtual and in-person: Bingocize, Texercise, and Matter of Balance.

Current Classes

- AMOB, Rainbow Center, 17 Old San Antonio Rd, Boerne, 7 Jun – 7 Jul, – 10 participants

Projected In-Person/Virtual Classes

- TXS, Cibolo Senior Center, 413 N. Main St, Mon/Wed, 1 Aug – 10 Oct, 10:00-11:30– 16 participants signed up

The Health & Wellness Program continues to conduct Telephone Reassurance calls to previous class participants as a preventative measure against social isolation caused by pandemic restrictions. Falls Prevention talks are also conducted through the telephone. These calls are used for education and to encourage clients to take part in a class series.

Staff continue to provide Opioid Misuse Prevention Packs to older adults throughout the Alamo region. These packs include the DeTerra drug deactivation packs. Anyone in need of more kits should contact Ms. Pierce or Mrs. Beasley.

The staff appreciates ASAC's support for all Caregiver and Health & Wellness programs.

CONTACT INFORMATION:

Cyndee S Pierce, Caregiver Services Coordinator
(210) 832-5049 / cpierce@aacog.com or
Kimberly D. Beasley, Health and Wellness Specialist
(210) 918-1279 / kbeasley@aacog.com

Attachments

TexerCize Select Cibolo



TEXERCISE SELECT CLASS SERIES
JOIN US TWICE A WEEK
MONDAY & WEDNESDAY
8 AUGUST – 17 OCTOBER 2022
10:00-11:30

Exercise and Nutrition

Texercise Select is a statewide 10 week fitness program developed by the Texas Health and Human Services Commission (HHSC) to educate and involve Texans and their families in physical activities and proper nutrition. The Texercise program promotes activities among individuals, as well as community events that support fitness in all areas of life. For individuals 60 years of age and older.

Texercise Select can help you:

- Promote a healthy lifestyle
- Minimize the impact of disease
- Reduce the cost of medical care



We will be exercising together to help keep us independent and strong as we age.

We will also discuss the benefits of physical activity and healthy eating. No special equipment or clothing needed
FREE evidence based program
Just come as you are!

Cibolo Senior Center
413 N. Main Street
Cibolo, TX 78108
Please call to reserve a spot
(210) 857-8000

Meeting Date: 08/15/2022

Long-term Care Ombudsman Report

TITLE:

Long-term Care Ombudsman Program - Heather Armstrong.

PROGRAM REPORT:

Do you have a passion for helping others, a caring spirit and a willingness to learn? If this describes you, we need you! Become a volunteer Ombudsman and help improve the quality of life and care for residents in a community near you. We provide training, tools and ongoing support. *People who live in nursing homes and assisted living communities may have little or no contact with the outside world. Many feel they lack control over their lives. A volunteer LTC Ombudsman who visits regularly can be the highlight of a resident's day and ensure residents get good care. Volunteer with us today!*

Link to video:

<https://www.youtube.com/watch?v=6VRmetXQVEY&feature=youtu.be>

A Long-term Care Ombudsman means "being an advocate for residents." A Long-term Care Ombudsman (LTCO) listens to and addresses the concerns of nursing home and assisted living residents. At all times, residents decide on the Ombudsman's level of involvement. They can be counted on to respect residents' privacy and confidentiality. Some of the ways in which LTC Ombudsmen serve residents include telling residents about their rights and empowering and supporting residents and their families to discuss concerns with staff.

The Alamo Ombudsman Program has been recruiting volunteers with the use of social media and will continue to do so for 2022. The next training session starts September 8th.

The current Active Certified Ombudsman (ACO) Performance Measure (PM) is 28.

The Alamo Ombudsman Program met/exceeded the Performance Measure for Unduplicated Assisted Living (AL) Visits in November 2021. Staff and volunteers continue to visit nursing homes (NH) and assisted living communities on a regular basis and have made over 440 AL visits and 550 NH visits from September 1st – July 31st, exceeding the Performance Measure for Duplicated Assisted Living Visits for SFY22.

OMB staff will meet with Region 8 Long Term Care Regulatory Program Managers and Directors from Health and Human Services on September 15th as part of a quarterly meeting between the two entities. This meeting provides a platform for the Ombudsmen to discuss issues they encounter and ask HHS staff their opinions on regulatory concerns. This is an open dialogue between the two groups and is very beneficial.

On September 8th the Alamo OMB Program will host a virtual two-part series on Reframing Aging for staff and volunteers. Part II will be held on October 19th. The Alamo OMB Program has partnered with IDD staff and are hosting a hybrid training about Cultural Competency in LTC on September 20th.

Ombudsmen were in Austin on July 13th and 14th for the Ombudsman State Conference hosted by the State Long-Term Care Ombudsman Office. Speakers included Beverly Laubert, National

Ombudsman Program Coordinator, Administration for Community Living and Amity Overall-Laib, Director of the National Long-Term Care Ombudsman Resource Center. It was a great opportunity to network with LTCO from across the state as it has been three years since the last in-person training.

Alamo Staff Ombudsman Emily Gillen and David Keown will attend the 2022 Quality in Long-Term Care Conference in Austin on August 11th and 12th.

Heather Armstrong continues to update the Facebook page and Twitter account. Please "Like" and "Follow" The Alamo and Bexar Area Agency on Aging Ombudsman Page Facebook page <http://www.facebook.com/alamoaaaombudsman> and @alamobexarombud Twitter account.

Heather Armstrong also manages the Facebook Page and Twitter account for NALLTCO as well. Heather Armstrong has held the position of secretary for NALLTCO for over four years and was elected to serve for another two years.

CONTACT INFORMATION:

Heather Armstrong, MA, CDP, CMDCP, PAC
Alamo Managing Local Ombudsman
harmstrong@aacog.com or 210.362.5283
